

Guide

The 52-Week Savings Challenge



52 Week Savings Challenge

Every week, you save an amount of money that corresponds to the week of the year. In **week 1**, you save **R1 per day**, in **week 2** you save **R2 per day** etc. By the time you reach **week 52**, you'll be saving **R52 per day** for that week (R364 for that week), and you'll have accumulated **R9 646** by the end of the year.

I do realise this might potentially be challenging, but I like the idea that it starts small and then increases. So, one could also do R1 per day in week one all the way to R10 per day in week 10 and then continue doing R10 per day until week 52.

Or maybe instead of increasing every week, save R50 a week, which will result in R2,600 saved by the end of the year.

I feel this could be useful in building discipline, consistency, and a sense of power and accomplishment as the savings grow over time. Without feeling like a major sacrifice.



52 Week Savings Challenge Tracker

Instructions: Every week, set aside the amount you choose and record it in the table provided below.

Week	Daily Savings (R)	Weekly Savings (R)	Notes
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			

52 Week Savings Challenge Tracker

Week	Daily Savings (R)	Weekly Savings (R)	Notes
15			
16			
17			
18			
19			
20			
21			
22			
23			
24			
25			
26			
27			
28			
29			

52 Week Savings Challenge Tracker

Week	Daily Savings (R)	Weekly Savings (R)	Notes
30			
31			
32			
33			
34			
35			
36			
37			
38			
39			
40			
41			
42			
43			
44			

52 Week Savings Challenge Tracker

Week	Daily Savings (R)	Weekly Savings (R)	Notes
45			
46			
47			
48			
49			
50			
51			
52			
Total Saved: R			

GOAL