

Your Values List

(this should get you started)

	Check Important Values	Prioritise (1 to 10)
Peace of mind		
Security		
Wealth		
Health		
Close relationship with spouse / partner		
Meaningful relationship with children		
Family (spending time with parents, other relatives) Meeting the "right" person		
Meaningful job / career		
Fame		
Power		
Free time		
Happiness		
Close relationship with God		
Friendships		
Retirement		
Contributing time, knowledge or money to others		
Knowing important or famous people		
Being in business for yourself		
Having few problems to deal with		
Living to an old age		
Personal possessions - cars, houses, jewelery		
Travel to exciting places		
Sense of accomplishment		
Respect from others		
Other		